

Financial vulnerability interlinkages with financial knowledge and behaviour

Summary

Financial vulnerability can refer to the difficulties people face in everyday life to pay bills (Loke, 2017) , cover unexpected expenses (Lusardi et al., 2011) or to maintain their lifestyle (O'Connor et al., 2019) . Irrespective of the precise definition, financial vulnerability can have adverse impact on the financial well-being of individuals.

Research field:	Economics and finance
Supervisors:	Prof. Dr. Tõnn Talpsepp Laivi Laidroo
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Description

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Financial vulnerability has been shown to be driven by different factors with financial knowledge and behaviour being one of these (Salignac et al., 2019). This highlights the role of properly designed educational interventions in improving the financial knowledge of more financially vulnerable groups. Although previous research has shown that the effectiveness of financial education programs is often disappointing (Holzmann et al., 2013) or may be less efficient in low-income groups (Kaiser & Menkhoff, 2017), the recent emergence of digital financial tools is changing the situation. Some studies also indicate that both financial literacy and digital literacy are needed to bridge the financial knowledge gaps (Kass-Hanna et al., 2022).

Previous research by Goyal et al. (2022) also emphasizes the role of behavioural and psychological factors, like impulsiveness and financial anxiety, in intermediating the relationship between financial literacy and financial vulnerability. Indicating that further research on the behavioural financial vulnerability determinants is needed.

The context of the study would be Estonia as these interlinkages remain especially topical in the Estonian context. According to Statistics Estonia in 2023 20.2% of Estonian were at-risk-of poverty. The OECD INFE 2023 survey results also show that while there appeared to be no significant association between financial vulnerability and financial knowledge, superior financial behaviour appeared to be related with lower financial vulnerability. Therefore, addressing the financial behaviour of financially vulnerable groups may enable to reduce their financial vulnerability.

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